รน	RIDLEY		SUMMER (CAMPS - 2 WEEK RO	DTATING MENU		
				WEEK 1			
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DREANFAST	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal/ Cream Of Wheat	Scrambled Eggs/ Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cereal / Congee	Cheese Omelet/ Boiled Eggs Peameal Bacon / Hash Browns French Toast with Syrup Hot Cereal/ Apple Cinnamon Oatmeal	Eggs McRidley / Boiled Eggs Sausage Patties Chocolate Chip Pancakes with Syrup Hot Cereal / Maple Oatmeal	Cheddar Scrambled / Boiled Eggs Crispy Bacon / Hash Browns Hot Cereal / Cream of Wheat	Fried Eggs / Boiled Eggs Fried Bologna Waffles with Syrup Hot Cereal/ Congee
•				VEGETARIAN / VEGAN OPTIONS AVAILA	BLE EVERY DAY		
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Scrambled Eggs/Boiled eggs	Chicken Fingers	Penne Pasta with Meatballs	pulled pork	chicken stir fry	crunchie haddock	Pepperoni Pizza
	Bacon / Sausage	French fries	garlic & cheese breadstix	potato wedges	fried rice	french fries	Three Cheese Pizza
	Pancakes/ Syrup Beef Pot Pie	side garden salad apple wedges	fresh cut veggies & dip whole fresh fruit	creamy coleslaw fresh cut fruit plate	Thai noodle salad whole fresh fruit	creamy coleslaw fresh fruit cup	Spicy Curly Fries Carrot/ Celery
	Baked Potato	Roast Beef	whole fresh fruit	fresh cut ifuit plate	whole restriction	Salmon (Gluten Free)	carrot/ celery
	Steamed Broccoli	SALAD BAR/DELI BAR	SALAD BAR/DELI BAR	SALAD BAR/DELI BAR	SALAD BAR/DELI BAR	SALAD BAR/DELI BAR	
	SALAD BAR/DELI BAR	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SALAD BAR/DELI BAR
	SOUP OF THE DAY	Samosas	Pasta Marinara	Vegan Mushroom Pulled Pork	Tofu Stir Fry	Salmon Lentil Sweet Potato Curry	SOUP OF THE DAY
	Black Bean Burger	Sticky Rice	Sticky Rice	Sticky Rice	Sticky Rice	Sticky Rice	Cheese Pizza
	Sticky Rice						Sticky Rice
	VEGETARIAN / VEGAN OPTIONS AVAILABLE EVERY DAY						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Roast Pork Loin	Octoberfest Sausage	Chicken Burger	Chili Thai Pork Bites	Pork Chop/ Apple Sauce	Pasta Bar	Beef Fajitas
	Baked Sweet Potato	On A Bun	Curly Fries	Stir Fry Soba Noodles	Mashed Potatoes	Pesto Sauce/ Marinara Sauce	Nacho and Salsa
	Gravy	Potato wedges	Side Salad	Fried Rice	Corn on The Cob	Garlic Bread Stix	Guacamole
	Side Salad Whole Fresh Fruit	Potato Salad Whole Fresh Fruit	Whole Fresh Fruit	Thai Noodle Salad Whole Fresh Fruit	Side Salad Whole Fresh Fruit	Side Caesar Salad Whole Fresh Fruit	Whole Fresh Fruit
	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY
	Perogies	Veggie Dogs	Veggie Burger	Vegetarian Stir Fry	Vegetarian Chilli	Pasta Marinara	Black Bean Quesadilla
	-		Sticky Rice		Sticky Rice		Sticky Rice
	Sticky Rice	Sticky Rice	Sticky Rice	Sticky Rice		Sticky Rice	Sticky Rice
				VEGETARIAN / VEGAN OPTIONS AVAILA	BLE EVERY DAY		
				WEEK 2	BLE EVERY DAY		
	SUNDAY	MONDAY	TUESDAY		IBLE EVERY DAY THURSDAY	FRIDAY	SATURDAY
	BRUNCH	MONDAY Fried Eggs / Boiled Eggs	TUESDAY Eggs McRidley / Boiled Eggs	WEEK 2		FRIDAY Cheddar Scrambled Eggs	SATURDAY Fried eggs / Boiled Eggs
	BRUNCH EGGS TO ORDER:		Eggs McRidley / Boiled Eggs Breakfast Ham	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs Peameal Bacon / Hash Browns	THURSDAY Scrambled Eggs / Boiled Eggs Sausage Patties		Fried eggs / Boiled Eggs Fried Bologna
	BRUNCH EGGS TO ORDER: Omelets, Scrambled	Fried Eggs / Boiled Eggs	Eggs McRidley / Boiled Eggs	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs	THURSDAY Scrambled Eggs / Boiled Eggs	Cheddar Scrambled Eggs/ Boiled Eggs	Fried eggs / Boiled Eggs
	BRUNCH EGGS TO ORDER:	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup	WEEK 2 WEDNESDAY Cheese Omele/ / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup	THURSDAY Scrambled Eggs / Boiled Eggs Sausage Patties	Cheddar Scrambled Eggs/ Boiled Eggs	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup
	BRUNCH EGGS TO ORDER: Omelets, Scrambled	Fried Eggs / Boiled Eggs	Eggs McRidley / Boiled Eggs Breakfast Ham	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs Peameal Bacon / Hash Browns	THURSDAY Scrambled Eggs / Bolled Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns	Fried eggs / Boiled Eggs Fried Bologna
	BRUNCH EGGS TO ORDER: Omelets, Scrambled	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup	WEEK 2 WEDNESDAY Cheese Orneler / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup Hot Cereal / Apple Ginnamon Oatmeal	THURSDAY Scrambled Eggs / Bolled Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup
	BRUNCH EGGS TO ORDER: Ornelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cereal / Congee TUESDAY BBQ chicken drumsticks	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup Hot Cereal / Apple Cinnamon Oatmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger beef	THURSDAY Scrambled Eggs / Boiled Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal BLE EVERY DAY THURSDAY hot dogs	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean
	BRUWCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries	Eggs McRidley / Bolled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cereol / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf	WEEK 2 WEDNESDAY Cheese Ornelet / Bolled Eggs Peameal Bacon Hash Browns French Toast with syrup Hot Cereal / Apple Cinnamon Oatmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger beef nodle vegetable sit fry	THURSDAY Scrambled Eggs / Bolled Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal IBLE EVERY DAY THURSDAY hot dogs french fries	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Outmeal FRIDAY creamy Macaroni & Cheese gariic & cheese breadstix	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Egg/ Boiled Eggs Bacon / Sausage Waffles / Syrup	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup <i>Hot Cereal / Congee</i> TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup Hot Cereal / Apple Cinnamon Outmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger berf noodle vegetable sir fry side garden slad	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal IBLE EVERY DAY THURSDAY hot dogs french fries potato salad	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaron & Cheese garlic & cheese breadstix Baked Salmon	Fried eggs / Boiled Egg: Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfty	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries	Eggs McRidley / Bolled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cereol / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf	WEEK 2 WEDNESDAY Cheese Ornelet / Bolled Eggs Peameal Bacon Hash Browns French Toast with syrup Hot Cereal / Apple Cinnamon Oatmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger beef nodle vegetable sit fry	THURSDAY Scrambled Eggs / Boiled Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal BLE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad	Fried ggs / Boiled Egg: Fried Bologna Eggo waffles with Syruy Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce
	BRUNCH EGGS TO ORDER: Omeles, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfry Egg Roll	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup <i>Hot Cereal / Congee</i> TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup Hot Cereal / Apple Cinnamon Outmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger berf noodle vegetable sir fry side garden slad	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal IBLE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaron & Cheese garlic & cheese breadstix Baked Salmon	Fried eggs / Boiled Egg: Fried Bologna Eggo waffles with Syruy Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Suisage Waffles / Syrup Chicken Stirfry Egg Roll Fried Rice	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries sidle garden salad apple wedges	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup <i>Hot Cercel / Congee</i> TUESDAY BBQ chicken drumsticks savoury rice piaf steamed broccoli whole fresh fruit	WEEK 2 WEDNESDAY Cheese Ornelet / Bolled Eggs Peameal Bacon / Hash Browns French Toast with syrup Mot Cereal / Apple Cinnamon Outmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY Binger berf noodle vegetable sir fry side garden slad fresh cut fruit plate	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal HBLE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup	Fried eggs / Boiled Egg: Fried Bologna Eggo waffles with Syrup Hat Cercel / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Gariic Stix Ceaser Salad Whole Fresh Fruit
	BRUNCH EGGS TO ORDER: Omeles, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfry Egg Roll	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup <i>Hot Cereal / Congee</i> TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup Hot Cereal / Apple Cinnamon Outmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger berf noodle vegetable sir fry side garden slad	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal IBLE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad	Fried eggs / Boiled Egg: Fried Bologna Eggo waffles with Syruy Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfry Egg Roll Fried Rice SALAD DAK/DELI BAR	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad apple wedges SALAD BAR/DELI BAR	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cerceil / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with yrup Mot Cereel / Apple Cinnamon Datmeel VEGETARIAN / VEGAN OPTIONS AVAILA MEDNESDAY ginger beef noodle vegetable stir fry side garden salad fresh cut fruit plate	THURSDAY Scrambled Eggs / Boiled Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal BLE EVERY DAY THURSDAY hot dogs french friss potato salad Octoberfest Sausage Perogies whole fresh fruit SALA DAR/DELI BAR	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR	Fried eggs / Boiled Egg: Fried Bologna Eggo waffles with Syrup Het Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Sirthy Egg Roll Fried Rice SALAD BAR/DEL BAR SOUP OF THE DAY	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cereol / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peamed Bacon / Hash Browns French Toast with syrup Hot Cereal / Apple Cinnamon Qatmed VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger beef model wegetable stir fry side garden salad fresh cut fruit plate SALAD BAR/DELI BAR SOUP OF THE DAY	THURSDAY Scrambled Eggs / Bolied Eggs Susage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal BLE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY	Fried ggs / Boiled Egg: Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfny Egg Roll Fried Rice SALAD BAR/DELI BAR SOUP OF THE DAY TofJu Stir Fry	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries sidle garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Posto Marinera	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cerceil / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quino Stuffed Peppers	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup Mot Cereal / Apple Cinnamon Outmeal VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY Bigner bef noodle vegetable stir fry side garden slad fresh cut fruit plate SALAD BAR/OELI BAR SOUP OF THE DAY Siracha Tglu Stiry Fry	THURSDAY Scrambled Eggs, Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal RELE EVERY DAY THURSDAY hot dags french fries potata salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dags Sticky Rice	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cercel / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarian Burger
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfny Egg Roll Fried Rice SALAD BAR/DELI BAR SOUP OF THE DAY TofJu Stir Fry	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries sidle garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Posto Marinera	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cerceil / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quino Stuffed Peppers	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs Peaneal Bacon / Hash Browns French Toast with syrup Mot Cereed / Apple Cinnamon Oatmed VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY Bigger beef noodle vegetable siri fry sigde predi noodle vegetable siri fry sigde predi noodle vegetable siri fry sigde predi SALAD BAR/OFLI BAR SOUP OF THE DAY Sircha Tofu Stiri priv Sitchy Rice	THURSDAY Scrambled Eggs, Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal RELE EVERY DAY THURSDAY hot dags french fries potata salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dags Sticky Rice	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cercel / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarian Burger
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfly Egg Roll Fried Rice SALD BAK/DELI BAR SOUP OF THE DAY Tofu Stir Fry Sticky Rice SUNDAY Phily Cheese Steak	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Pasta Marinara Sticky Rice MONDAY Roast Chicken Quarters	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cercel / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quinod Stuffed Peppers Sticky Rice TUESDAY Braised steak w/ onions	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Egps Peansation / Hash Trowns French Toast with syrup Mot Careed / Apple Cinnamon Oatmed VEGETARIAN / VEGAN OPTIONS AVAILU WEDNESDAY ginger beef moder wegetable stir fry side garden salad fresh aut fruit plate SALAD BAR/DELI BAR SOUP OF THE DAY Sitcky Ric VEGETARIAN / VEGAN OPTIONS AVAILU WEDNESDAY Sitcky Ric	THURSDAY Scrambled Eggs / Bolied Eggs Susuage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal BUE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dogs Sticky Rice BUE EVERY DAY THURSDAY THURSDAY THURSDAY	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarian Burger Sticky Rice SATURDAY Wing Night
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfry Egg Roll Fried Rice SALAD BAR/DEU BAR SOUP OF THE DAY To[Ju Stir Fry Stircly Rice SUNDAY Philly Cheese Steak Potato Wedges	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries sidle garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Posto Marinero Sticky Rice MONDAY Roast Chicken Quarters Roasted potato	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup <i>Hot Cercel / Congee</i> TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quinos Stuffed Peppers Sticky Rice TUESDAY Braised steak w/ onions Baked Potato	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup: Mot Cereal / Apple Cinnamon Oatmed WEDNESDAY WEDNESDAY Binger beef noodle vegetable stir fry side garden sald fresh cut fruit plate SALAD BAR/OELI BAR SOLP OF THE DAY Sircha Toju Stiry Fry Sircha Toju Stiry Fry Sircha Rie WEDNESDAY Lasagn Garlie Stix	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal HOLE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dogs Sticky Rice HOLE EVERY DAY THURSDAY THURSDAY THURSDAY THURSDAY	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted Haddock	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cercel / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garili Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetorian Burger Sticky Rice SATURDAY Wing Night Peperon / Cheese Pizze
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfly Egg Roll Fried Rice SALD BAK/DELI BAR SOUP OF THE DAY Tofu Stir Fry Sticky Rice SUNDAY Phily Cheese Steak	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Pasts Marinara Sticky Rice MONDAY Roast Chicken Quarters Roasted potato Baby Carrot	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cercel / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quinao Stuffed Peppers Sticky Rice TUESDAY Braised steak w/ onions Baked Potato	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Egps Peansation / Hash Trowns French Toast with syrup Mot Careed / Apple Cinnamon Oatmed VEGETARIAN / VEGAN OPTIONS AVAILU WEDNESDAY ginger beef moder wegetable stir fry side garden salad fresh aut fruit plate SALAD BAR/DELI BAR SOUP OF THE DAY Sitcky Ric VEGETARIAN / VEGAN OPTIONS AVAILU WEDNESDAY Sitcky Ric	THURSDAY Scrambled Eggs / Bolied Eggs Susuage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal BUE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dogs Sticky Rice BUE EVERY DAY THURSDAY THURSDAY THURSDAY	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted Haddock Scalloped Potato	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarian Burger Sticky Rice SATURDAY Wing Night Peperoni / Cheese Pizza Celery Carrot Stix / Dipping S
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfry Egg Roll Fried Rice SALAD BAR/DEU BAR SOUP OF THE DAY To[Ju Stir Fry Stircly Rice SUNDAY Philly Cheese Steak Potato Wedges	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries sidle garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Posto Marinero Sticky Rice MONDAY Roast Chicken Quarters Roasted potato	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup <i>Hot Cercel / Congee</i> TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quinos Stuffed Peppers Sticky Rice TUESDAY Braised steak w/ onions Baked Potato	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peameal Bacon / Hash Browns French Toast with syrup: Mot Cereal / Apple Cinnamon Oatmed WEDNESDAY WEDNESDAY Binger beef noodle vegetable stir fry side garden sald fresh cut fruit plate SALAD BAR/OELI BAR SOLP OF THE DAY Sircha Toju Stiry Fry Sircha Toju Stiry Fry Sircha Rie WEDNESDAY Lasagn Garlie Stix	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal HOLE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dogs Sticky Rice HOLE EVERY DAY THURSDAY THURSDAY THURSDAY THURSDAY	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted Haddock	Fried eggs / Boiled Egg: Fried Bologna Eggo waffles with Syrup Hat Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garilis Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarian Burger Sticky Rice SATURDAY Wing Night Peperoni / Cheese Pizze
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfry Egg Roll Fried Rice SALAD BAR/DEU BAR SOUP OF THE DAY Tof/u Stir Fry Sticky Rice SUNDAY Phily Cheese Steak Potato Wedges Side Salad	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries sidle garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Posto Marinero Sticky Rice MONDAY Roast Chicken Quarters Roasted potato Baby Carrot Side Salad	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup <i>Hot Cercel / Congee</i> TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quinos Stuffed Peppers Sticky Rice TUESDAY Braised steak w/ Onions Baked Potato Whole Green Beans Side Salad	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Egs Peameal Bacon / Hash Browns Fench Toast with syrop: Met Cerced / Apple Cinnamon Oatmedd VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY Binger bef noode wegetable stir fry side garden sald fresh cut fruit plate SALAD BAR/OELI BAR SJOUP OF THE DAY Sirocho Toju Stiry Fry Sitchy Rice VEGETARIAN / VEGAN OPTIONS AVAILA Magan Met Sits Side Ciesar Sald	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chorolate Pancakes with Syrup Hot Ceareal Maple Oatmeal HURSDAY THURSDAY Not dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dogs Sticky Rice HURSDAY TURKSDAY TURKSDAY TURKSDAY	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Oatmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DEUI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted Haddock Scalloped Potato Side Coleslaw	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarian Burger Sticky Rice SATURDAY Wing Night Peperon / Cheese Pizza Celery Carrot Stix/ Dipping S Side Salad
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Wafflers / Syrup Chicken Stirfry Egg Roll Fried Rice SALAD BAN/DELI BAR SOUP OF THE DAY Toflu SUF Pry Sticky Rice SUNDAY Philly Cheese Steak Potato Wedges Side Saba Whole Fresh Fruit	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad a apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Pasto Marinara Sticky Rice MONDAY Roast Chicken Quarters Roasted potato Baby Carrot Side Salad Whole Fresh Fruit	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cercel / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quino Stuffed Peopers Sticky Rice TUESDAY Braised steak w/ onions Baked Potato Whole Green Beans Side Salad Whole Fresh Fruit	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs Peaneal Bacon / Hash Browns French Toast with symu VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger bef noodle vegetable sir fry siged pedi noodle vegetable sir fry siged pedi SALAD BAR/DELI BAR SOUP OF THE DAY Sirchar Tofu Sir Pry Sicky Rice VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY Lasagna Garlie Stix Side Caesar Salad	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal RELE EVERY DAY THURSDAY hot dags french fries potata salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dags Sticky Rice IBLE EVERY DAY THURSDAY THURSDAY THURSDAY THURSDAY Turkey Burger Sweet Potato Salad Whole Fresh Fruit	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted Haddock Scaleped Potato Side Coleslaw Whole Fresh Fruit	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereal / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Gartic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DEL BAR SOUP OF THE DAY Vegetarion Burger Sticky Rice SATURDAY Wing Night Peperoni / Cheese Pizza Celery Carrot Stay / Dipping S Side Salad Whole Fresh Fruit
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Waffles / Syrup Chicken Stirfry Egg Roll Fried Rice SALAD BAK/DELI BAR SOUP OF THE DAY Tofu Stir Fry Sticky Rice SUNDAY Philly Cheese Steak Potato Wedges Side Salad Whole Fresh Fruit SOUP OF THE DAY	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Pasta Marinara Sticky Rice MONDAY Roast Chicken Quarters Roasted potato Baby Carrot Side Salad Whole Fresh Fruit SOUP OF THE DAY	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cercel / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quinoo Stuffed Peppers Sticky Rice TUESDAY Braised steak w/ onions Baked Potato Whole Green Beans Side Salad Whole Fresh Fruit SOUP OF THE DAY	WEEK 2 WEDNESDAY Cheese Ornelet / Boiled Eggs Peama Bacon / Hash Trowns French Toast with syrup Met Careed / Apple Cinnamon Qatmed VEGETARIAN / VEGAN OPTIONS AVAILA Bigger beef moder wegetable stir fry side garden salad fresh aut fruit plate SALAD BAR/DELI BAR SOUP OF THE DAY Sticky Ric VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY Sticky Ric VEGETARIAN / VEGAN OPTIONS AVAILA Support THE DAY Side Caesar Salad Whole Fresh Fruit SOUP OF THE DAY	THURSDAY Scrambled Eggs / Bolied Eggs Susage Paties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal BUE EVERY DAY THURSDAY hot dogs french fries potato salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/OELI BAR SOUP OF THE DAY Veggie Dogs Sticky Rice BUE EVERY DAY THURSDAY THURSDAY THURSDAY THURSDAY	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted Haddock Scalloped Potato Side Coleslaw Whole Fresh Fruit SOUP OF THE DAY	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereol / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garlic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarian Burger Sticky Rice SATURDAY Wing Night Peperoni / Cheese Pizza Celery Cardt Stix/ Dipping S Side Salad Whole Fresh Fruit SOUP OF THE DAY
	BRUNCH EGGS TO ORDER: Omelets, Scrambled Boiled Eggs SUNDAY Scrambled Eggs/ Boiled Eggs Bacon / Sausage Wafflers / Syrup Chicken Stirfry Egg Roll Fried Rice SALAD BAN/DELI BAR SOUP OF THE DAY Toflu SUF Pry Sticky Rice SUNDAY Philly Cheese Steak Potato Wedges Side Saba Whole Fresh Fruit	Fried Eggs / Boiled Eggs Sausage Links / Hash Browns Hot Cereal / Cream of Wheat MONDAY hamburgers curly fries side garden salad a apple wedges SALAD BAR/DELI BAR SOUP OF THE DAY Pasto Marinara Sticky Rice MONDAY Roast Chicken Quarters Roasted potato Baby Carrot Side Salad Whole Fresh Fruit	Eggs McRidley / Boiled Eggs Breakfast Ham Eggo Waffles with Syrup Hot Cercel / Congee TUESDAY BBQ chicken drumsticks savoury rice pilaf steamed broccoli whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Quino Stuffed Peopers Sticky Rice TUESDAY Braised steak w/ onions Baked Potato Whole Green Beans Side Salad Whole Fresh Fruit	WEEK 2 WEDNESDAY Cheese Omelet / Boiled Eggs Peaneal Bacon / Hash Browns French Toast with symu VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY ginger bef noodle vegetable sir fry siged pedi noodle vegetable sir fry siged pedi SALAD BAR/DELI BAR SOUP OF THE DAY Sirchar Tofu Sir Pry Sicky Rice VEGETARIAN / VEGAN OPTIONS AVAILA WEDNESDAY Lasagna Garlie Stix Side Caesar Salad	THURSDAY Scrambled Eggs / Bolied Eggs Sausage Patties Chocolate Pancakes with Syrup Hot Ceareal Maple Oatmeal RELE EVERY DAY THURSDAY hot dags french fries potata salad Octoberfest Sausage Perogies whole fresh fruit SALAD BAR/DELI BAR SOUP OF THE DAY Veggie Dags Sticky Rice IBLE EVERY DAY THURSDAY THURSDAY THURSDAY THURSDAY Turkey Burger Sweet Potato Salad Whole Fresh Fruit	Cheddar Scrambled Eggs/ Boiled Eggs Crispy Bacon / Hash Browns Apple Cinnomon Ootmeal FRIDAY creamy Macaroni & Cheese garlic & cheese breadstix Baked Salmon side garden salad fresh fruit cup SALAD BAR/DELI BAR SOUP OF THE DAY Asian Noodle Stiry Fry Sticky Rice FRIDAY Dip and Dusted Haddock Scaleped Potato Side Coleslaw Whole Fresh Fruit	Fried eggs / Boiled Eggs Fried Bologna Eggo waffles with Syrup Hot Cereol / Congee SATURDAY Chicken Parmesean Pasta / Tomato Sauce Garitic Stix Ceaser Salad Whole Fresh Fruit SALAD BAR/DELI BAR SOUP OF THE DAY Vegetarion Burger Sticky Rice SATURDAY Wing Night Peperoni / Cheese Pizza Celery Carrot Stiy Dipping S Side Salad Whole Fresh Fruit