

# SUMMER MENU

JUNE 22 - 26

## MONDAY

### MAINS

GRILLED PESTO CHICKEN

SPAGHETTI BOLOGNESE

CHEESE TORTELLINI

### SIDES

GARLIC BREAD

STEAMED BROCCOLI

### DESSERT

MINI POWDERED DONUTS

## TUESDAY

### MAINS

CHICKEN TACO

PULLED PORK TACO

SHREDDED TOFU TACO

### SIDES

MEXICAN RICE

ELOTE CORN

### DESSERT

POPSICLES

## WEDNESDAY

### MAINS

TURKEY CHILI BOWL

POGO

SMOKED BLACK BEAN &  
SWEET POTATO CHILI BOWL

### SIDES

POTATO WEDGES

VEGGIES  
WITH RANCH & HUMMUS

### DESSERT

CHOCOLATE CHIP COOKIES

## THURSDAY

### MAINS

SHRIMP FRIED RICE

CHICKEN GYOZA

VEGETABLE DUMPLINGS

### SIDES

SINGAPORE STREET NOODLES

VEGGIE STIR-FR

### DESSERT

BANANA CAKE

## FRIDAY

### MAINS

BBQ CHICKEN DRUMSTICKS

CHEESEBURGER

VEGGIE BURGER

### SIDES

CURLY FRIES

COLESLAW

### DESSERT

FREEZIES

# SUMMER MENU

JUNE 29 -  
JULY 3

## MONDAY

### MAINS

CHICKEN SCHNITZEL  
WITH GRAVY

PEROGIES  
WITH BACON & SOUR CREAM

TRIPLE CHEESE PEROGIES

### SIDES

MASHED POTATOES

CARROTS, CAULIFLOWER &  
GREEN BEANS

### DESSERT

OATMEAL RAISIN COOKIES

## TUESDAY

### MAINS

MEATBALLS WITH MARINARA

CHICKEN ALFREDO

VEGGIE MEATBALLS  
WITH MARINARA

### SIDES

SPIRAL PASTA

STEAMED PEAS & CARROTS

### DESSERT

FREEZIE

## WEDNESDAY

### MAINS

HONEY GARLIC  
CHICKEN THIGHS

PORK KATSU

TERIYAKI TOFU

### SIDES

STEAMED RICE

EDAMAME

### DESSERT

BROWNIE

## THURSDAY

## FRIDAY

### MAINS

BUFFALO CHICKEN TENDERS

BATTERED FISH  
WITH TARTARE SAUCE

VEGGIE SAUSAGE ON A BUN

### SIDES

SHOESTRING FRIES

GREEN BEANS

### DESSERT

CHURROS

# SUMMER MENU

JULY 6 - 10

## MONDAY

### MAINS

TEX-MEX BEEF CASSEROLE

CHICKEN QUESADILLA

PINTO BEAN &  
CHEESE QUESADILLA

### SIDES

TORTILLA CHIPS & SALSA

FIRE-ROASTED PEPPERS &  
CORN

### DESSERT

POPSICLE

## TUESDAY

### MAINS

TERIYAKI CHICKEN

SWEET & SOUR PORK

NOODLE STIR-FRY WITH TOFU  
& VEGETABLES

### SIDES

STEAMED RICE

BABY BOK CHOY

### DESSERT

CHOCOLATE CHIP COOKIE

## WEDNESDAY

### MAINS

CHICKEN SOUVLAKI

GARLIC & HERB TILAPIA

SPANOKOPITA

### SIDES

GREEK POTATOES

GRILLED ZUCCHINI & PEPPERS

### DESSERT

OREO CHOCOLATE PUDDING

## THURSDAY

### MAINS

PERI-PERI CHICKEN

HOT DOG

FALAFELS WITH HUMMUS

### SIDES

GARLIC POTATO WEDGES

ROAST BROCCOLI &  
CAULIFLOWER

### DESSERT

DONUTS

## FRIDAY

### MAINS

BEEF KORMA

BUTTER CHICKEN

BUTTER CHICKPEA CURRY

### SIDES

BASMATI RICE

GREEN PEAS

### DESSERT

ICE CREAM SANDWICH

# SUMMER MENU

JULY 13 - 17

## MONDAY

### MAINS

GRILLED PESTO CHICKEN

SPAGHETTI BOLOGNESE

CHEESE TORTELLINI

### SIDES

GARLIC BREAD

STEAMED BROCCOLI

### DESSERT

DONUTS

## TUESDAY

### MAINS

CHICKEN TACO

PULLED PORK TACO

SHREDDED TOFU TACO

### SIDES

MEXICAN RICE

ELOTE CORN

### DESSERT

POPSICLES

## WEDNESDAY

### MAINS

TURKEY CHILI BOWL

POGO

SMOKY BLACK BEAN & SWEET  
POTATO CHILI BOWL

### SIDES

POTATO WEDGES

VEGGIES  
WITH RANCH & HUMMUS

### DESSERT

CHOCOLATE CHIP COOKIE

## THURSDAY

### MAINS

SHRIMP FRIED RICE

CHICKEN GYOZA

VEGETABLE DUMPLINGS

### SIDES

SINGAPORE STREET NOODLES

VEGGIE STIR-FRY

### DESSERT

BANANA CAKE

## FRIDAY

### MAINS

BBQ CHICKEN DRUMSTICKS

CHEESEBURGER

VEGGIE BURGER

### SIDES

CURLY FRIES

COLESLAW

### DESSERT

FREEZIES

# SUMMER MENU

JULY 20 - 24

## MONDAY

### MAINS

CHICKEN SCHNITZEL  
WITH GRAVY

PEROGIES  
WITH BACON & SOUR CREAM

TRIPLE CHEESE PEROGIES

### SIDES

MASHED POTATOES

CARROTS, CAULIFLOWER &  
GREEN BEANS

### DESSERT

OATMEAL RAISIN COOKIES

## TUESDAY

### MAINS

MEATBALLS WITH MARINARA

CHICKEN ALFREDO

VEGGIE MEATBALLS  
WITH MARINARA

### SIDES

SPIRAL PASTA

STEAMED PEAS & CARROTS

### DESSERT

FREEZIE

## WEDNESDAY

### MAINS

SLOW COOKED BEEF  
WITH CHIMICHURRI

BUTTERMILK BRINED CHICKEN

FIRECRACKER CAULIFLOWER  
WITH COOL RANCH DIP

### SIDES

POTATO & CORN HASH

BROCCOLI  
WITH CHEESE SAUCE

### DESSERT

ICE CREAM SANDWICH

## THURSDAY

### MAINS

HONEY GARLIC  
CHICKEN THIGHS

PORK KATSU

TERIYAKI TOFU

### SIDES

STEAMED RICE

EDAMAME

### DESSERT

BROWNIE

## FRIDAY

### MAINS

BUFFALO CHICKEN TENDERS

BATTERED FISH  
WITH TARTARE SAUCE

VEGGIE SAUSAGE ON A BUN

### SIDES

SHOESTRING FRIES

GREEN BEANS

### DESSERT

CHURROS